

# Storytelling

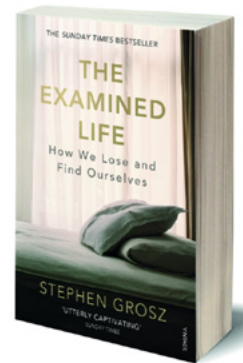
## A talk by Stephen Grosz



The Irish Forum for Psychoanalytic Psychotherapy (IFPP) are delighted to invite you to an in-person event with the psychoanalyst and bestselling author, Stephen Grosz.

Stephen Grosz is a practising psychoanalyst who has worked with patients for more than thirty-five years. Born in America, he was educated at the University of California, Berkeley, and at Oxford University. He lives in London, where he is a Training Analyst at the Institute of Psychoanalysis.

In his book *The Examined Life*, Stephen Grosz distils 50,000 hours of clinical work as a psychoanalyst into a series of jargon-free stories. A Sunday Times bestseller and a New York Times Notable Book, *The Examined Life* has been translated into more than thirty languages. It was described by Michiko Kakutani, in the New York Times, as sharing “the best literary qualities of Freud’s most persuasive work...a series of slim, piercing chapters that read like a combination of Chekhov and Oliver Sacks.”



In this talk, Stephen Grosz will discuss the importance of storytelling inside and outside of psychotherapy.

### Event Details:

Venue	Carmelite Community Centre, 56 Aungier St, Dublin 2.
Date	Saturday, 29th October 2022

### Tickets:

General Admission	€50.00
IFPP Members	€45.00
Students	€20.00

### IFPP Contact Details:

Email: [ifppoffice1@gmail.com](mailto:ifppoffice1@gmail.com)

Phone: 086 173 2238

### Timetable:

13:30pm - 14:00 pm	Registration, Tea and Coffee
14:00pm - 14:45pm	Talk
14:45pm - 15:30pm	Q&A/Discussion

**Note:** This event is strictly limited to 80 people.

Click [here](#) for tickets.

**IFPP** | Irish Forum for  
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## Praise for “The Examined Life”

ANDREW SOLOMON, AUTHOR OF “FAR FROM THE TREE”

“This book conveys the nuanced complexities of psychoanalysis in deceptively simple human stories. It is written with generosity toward both its subjects and its readers; with authentic wit; and with flashes of profound insight. The novelistic charm of its case histories makes it impossible to put down, but while you may read it for entertainment, it will leave you wiser about humanity than you were when you picked it up.”

PATRICK MCGRATH, AUTHOR OF “ASYLUM”

“Someone in pain enters an analyst’s consulting room, and is paid careful, intelligent attention. The Examined Life is a fascinating collection of quiet stories about very real human predicaments: the listening cure at its best.”

VICTORIA HISLOP, AUTHOR OF “THE THREAD”

“I couldn’t put this down—I read about other people, but learned about myself at the same time. Real stories can be so much more fascinating than fictional ones, especially with Stephen Grosz. No preaching, no clichés—just wisdom.”

RUTH PADEL, AUTHOR OF “52 WAYS OF LOOKING AT A POEM”

“A beautifully judged, wonderfully readable book with an unusually clear and kind voice. There is a rare integrity in the writing: no showing off, just honest attention to each trusted relationship. I read the whole thing in one sitting, cover to cover.”

SOPHIE HANNAH, AUTHOR OF “LITTLE FACE”

“This gripping book offers psychological solutions to some extremely complex human puzzles and is full of wisdom and insight.”

## Reviews of “The Examined Life”

MICHIKO KAKUTANI — NEW YORK TIMES.

“The Examined Life ... shares the best literary qualities of Freud’s most persuasive work. It is ... an insightful and beautifully written book ... a series of slim, piercing chapters that read like a combination of Chekhov and Oliver Sacks. [A] deeply affecting book...”

TALITHA STEVENSON – THE OBSERVER

... Grosz writes with such artful self-effacement that his cases seem to speak for themselves. [...] What makes The Examined Life so fulfilling is the way Grosz moves from case study to essay, from narrative to hypothesis, including the reader in each mental step.

JOSHUA ROTHMAN – NEW YORKER

“An elegant, unfussy writer, [Grosz] compresses years of analysis into short chapters that feel like minimalist, suspenseful detective stories. At the end of each story, a secret is revealed; often, it’s a secret which you’ve also kept.”

MICHAEL HOLROYD — THE SPECTATOR

“Engaging, frank, and with many penetrating insights. His short, succinct chapters have both the tension and the satisfaction of miniature detective or mystery stories. . . . A stimulating book.”

**This is a limited seating event and is sure to book out so please reserve your tickets to avoid disappointment.**



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