

*The Irish Forum for Psychoanalytic Psychotherapy & The Irish Forum
for Child and Adolescent Psychoanalytic Psychotherapy Present*

Working with Borderline States

A Clinical Conference with Dr Otto Kernberg



*With contributions from professionals working in the areas of psychoanalytic
psychotherapy, clinical psychology, psychiatry and neuroscience*

**Dr Richard
Blennerhassett**
(adult psychiatry)

Dr Julie Kelly (neuroscience)

Dr Sandra McLeod (child
and adolescent psychiatry)

Ms Ann Murphy (clinical
psychology/psychoanalytic
psychotherapy)

Dr John O'Connor (clinical
psychology/psychoanalytic
psychotherapy)

The morning sessions will be chaired by **Mrs Mary Pyle**
(psychoanalytic psychotherapy) and the afternoon discussions will be
facilitated by **Mr John Foden** (psychoanalytic psychotherapy)

Saturday 7 August 2010, 9.30 am-5.00 pm

D4 Berkeley Hotel (formerly The Berkeley Court Hotel), Dublin 4

For further information and to register contact Ann Daly: amdps@indigo.ie

Early registration is advised as places are limited

6 CPD Points (Irish Council for Psychotherapy)

4 CPD Points (Psychological Society of Ireland)

<http://www.ifpp.org>

PLENARY SPEAKER

Otto F. Kernberg MD, FAPA is Director of the Personality Disorders Institute at The New York Presbyterian Hospital, Westchester Division and Professor of Psychiatry at the Weill Medical College of Cornell University. He is Past President of the International Psychoanalytical Association. He is also Training and Supervising Analyst of the Columbia University Center for Psychoanalytic Training and Research. In the past, Dr Kernberg has served as Director of the C.F. Menninger Memorial Hospital, Supervising and Training Analyst of the Topeka Institute of Psychoanalysis, and Director of the Psychotherapy Research Project of the Menninger Foundation. Later, he was Director of the General Clinical Service of the New York State Psychiatric Institute, and Professor of Clinical Psychiatry at the College of Physicians and Surgeons of Columbia University. From 1976 to 1995 he was Associate Chairman and Medical Director of The New York Hospital Cornell Medical Center, Westchester Division. Dr Kernberg was the Book Editor of the *Journal of the American Psychoanalytic Association* from 1977-1993. He has received numerous awards for his excellence in psychiatry. He is also the author of twelve books and co-author of eleven others.

RESPONDENTS AND FACILITATORS

Dr Richard Blennerhassett is Consultant Psychiatrist and Clinical Director at St Ita's Hospital, Portrane. He is Senior Lecturer in the Department of Psychiatry at the Royal College of Surgeons in Ireland.

Mr John Foden is a psychoanalytic psychotherapist and a member of the Irish Forum for Psychoanalytic Psychotherapy, living and working in Galway.

Dr Julie Kelly has longstanding interests in the science of the brain. She has a formal background in biochemistry and neuroscience (PhD, University of Manchester Medical School) and for many years has carried out research in the field of neuroscience, both in Ireland and the USA. She has also developed a keen interest in the workings of the human mind and holds an MPhil in Psychoanalytic Studies (Trinity College Dublin). She currently teaches a unit on the MSc in Psychoanalytic Psychotherapy at Trinity College Dublin that considers the relationships between psychoanalytic concepts and neuroscience with particular reference to models of the mind, factors influencing the development of the mind, and the practice of psychotherapy.

Dr Sandra McLeod is currently the Consultant Child and Adolescent Psychiatrist heading up the new CAMHS team serving the north of County Wexford. She has taken up this post since August 2009, having trained and practised in the UK. She has a special interest in psychoanalytic psychotherapy.

Ms Ann Murphy is a Clinical Psychologist and Psychoanalytic Psychotherapist in private practice in Dublin. She was involved in establishing the MSc in Psychoanalytic Psychotherapy at Trinity College Dublin, where she continues as a Lecturer and Clinical Supervisor. She develops and delivers an ongoing series of CPD workshops for psychoanalytic psychotherapists.

Dr John O'Connor is Principal Clinical Psychologist in Adult Mental Health with the Health Services Executive, a Lecturer in Clinical Psychology at Trinity College Dublin and a Psychoanalytic Psychotherapist.

Mrs Mary Pyle is a Psychoanalytic Psychotherapist in private practice in Dublin. She is a founder member of the Irish Forum for Psychoanalytic Psychotherapy. She was involved in the setting up of the MSc in Psychoanalytic Psychotherapy at Trinity College Dublin where she is a Lecturer, Training Analyst and Clinical Supervisor.

PROGRAMME

The morning will include a presentation by Dr Otto Kernberg followed by short responses by Dr Richard Blennerhassett, Dr Julie Kelly, Dr Sandra McLeod, Ms Ann Murphy and Dr John O'Connor. The morning sessions will be chaired by Mrs Mary Pyle. The afternoon will feature Dr Otto Kernberg presenting clinical material, followed by discussion with the respondents and conference delegates. Mr John Foden will act as the facilitator for the afternoon sessions.

SCHEDULE

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| 8.30-9.15 | <i>Registration (tea and coffee available)</i> |
| 9.30-9.45 | <i>Welcome and Opening Remarks by Ms Pat Holley (Chairperson, Irish Forum for Psychoanalytic Psychotherapy) and Dr Aoife Twohig (The College of Psychiatry of Ireland and Irish Forum for Child and Adolescent Psychoanalytic Psychotherapy)</i> |
| 9.45-10.00 | <i>Introduction to Dr Otto Kernberg by Mrs Mary Pyle (Irish Forum for Psychoanalytic Psychotherapy)</i> |
| 10.00-11.00 | <i>Plenary Address by Dr Otto Kernberg</i> |
| 11.00-11.15 | <i>Points of Clarification chaired by Mrs Mary Pyle</i> |
| 11.15-11.30 | <i>Tea and Coffee Break</i> |
| 11.30-12.20 | <i>Responses to Dr Otto Kernberg by Dr Richard Blennerhassett (The College of Psychiatry of Ireland), Dr Julie Kelly (Trinity College Dublin), Dr Sandra</i> |

McLeod (The College of Psychiatry of Ireland), **Ms Ann Murphy** (Irish Forum for Psychoanalytic Psychotherapy) and **Dr John O'Connor** (The Psychological Society of Ireland and Irish Forum for Psychoanalytic Psychotherapy). Chaired by **Mrs Mary Pyle**

- 12.20-13.00** Discussion chaired by **Mrs Mary Pyle**
- 13.00-14.00** Lunch
- 14.00-15.00** Presentation of Clinical Material by **Dr Otto Kernberg**
- 15.00-15.20** Clinical Discussion chaired by **Mr John Foden** (Irish Forum for Psychoanalytic Psychotherapy)
- 15.20-15.45** Tea and Coffee Break
- 15.45-17.00** Roundtable Discussion with **Dr Richard Blennerhassett, Dr Julie Kelly, Dr Otto Kernberg, Dr Sandra McLeod, Ms Ann Murphy and Dr John O'Connor**. Chaired by **Mr John Foden**
- 17.00** Thanks and Closing Remarks by **Ms Pat Holley and Dr Aoife Twohig**

VENUE

This conference takes place in the D4 Berkeley Hotel (formerly the Berkeley Court Hotel), Dublin 4. Further information about the venue can be found here: <http://www.d4berkeley.ie/ballsbridge.html> Car-parking facilities are available. The cost is €5 for the day. Delegates must get their parking tickets stamped at the reception desk in the D4 Berkeley Hotel in order to avail of this price.

RECOMMENDED READING

There is no reading required to attend this event however Otto Kernberg has suggested the following two articles for people who would like to read something before or after the conference. A link to these readings is available at <http://www.ifpp.org/events>

- Otto F. Kernberg, Frank E. Yeomans, John F. Clarkin and Kenneth N. Levy, 'Transference Focused Psychotherapy: Overview and Update' in *International Journal of Psychoanalysis* 89 (2008): 601-20.
- John F. Clarkin, Kenneth N. Levy, Mark F. Lenzenweger and Otto F. Kernberg, 'Evaluating Three Treatments for Borderline Personality Disorder: A Multiwave Study' in *The American Journal of Psychiatry* 164.6 (2007): 922-8.

TEA AND COFFEE/ LUNCH

Complimentary tea and coffee will be available upon registration and at the two breaks during the day. We regret that we are not in a position to provide lunch. There are facilities for lunch available in the conference venue and within walking distance of the D4 Berkeley Hotel.

REGISTRATION

To register, delegates should contact Ann Daly: amdps@indigo.ie The registration fee for the conference is €80 (full fee) or €50 students/clinical trainees (reduced fee). Cheques, postal orders or bank drafts should be made payable to 'The Irish Forum for Psychoanalytic Psychotherapy' and posted to Ann Daly, 'Working with Borderline States Conference', The Irish Forum for Psychoanalytic Psychotherapy, 73 Quinn's Road, Shankill, County Dublin. Payment of the registration fee secures a place at the conference. Include your name and email address, as receipt of the registration will be confirmed by email. *Please note: there are a limited number of places available so early registration is advised.*

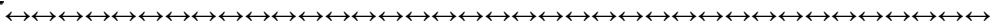
ORGANISERS

This conference is jointly organised by the Irish Forum for Psychoanalytic Psychotherapy and the Irish Forum for Child and Adolescent Psychoanalytic Psychotherapy. Further information about the Irish Forum for Psychoanalytic Psychotherapy can be found here: <http://www.ifpp.org> Further information about the members of the Irish Forum for Child and Adolescent Psychoanalytic Psychotherapy can be found on the website for the Irish Council for Psychotherapy: <http://www.psychotherapy-ireland.com>

UPCOMING EVENTS

Further information about this and other upcoming events organised by the Irish Forum for Psychoanalytic Psychotherapy and the Irish Forum for Child and Adolescent Psychoanalytic Psychotherapy can be obtained from amdps@indigo.ie or by visiting <http://www.ifpp.org>

SEE OVER THE PAGE FOR A REGISTRATION FORM



Booking form to be returned as soon as possible. Due to the high level of interest expected in this conference, early booking is advisable. Please complete this form and return it to: Ann Daly, 73 Quinn's Road, Shankill, County Dublin. Tel: 01-2722105, Fax: 01-2722111.

The appropriate fee must accompany this form. Thank you.

Name:

Address:

Telephone: Email:

Organisation: Profession:

I enclose a cheque/postal order for € to be made payable to "IFPP" for

Please tick relevant box below:

Full Fee €80

Reduced Fee (students/clinical trainees) €50

NB: Bookings will not be accepted without payment